



SERVING OUR COMMUNITY

MONTHLY UPDATE

June 2023

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**VOLUNTEER,
YOU WILL LOVE IT!**



**STAY COOL
EVERYONE!**

NOTES FROM THE PROGRAM MANAGER



by Carol Hallett

I was worried that we would not get spring at all this year but instead it was just a little late. I am so happy because I absolutely love spring. It was a great month for hiking, biking, picnicking, and BBQing and we did it all.

We had a few days when winter seemed to think it was time to return, such as during the Outhouse races but we were all so ready to have fun that it did not deter us. Now that the Outhouse Race is over I can say that the event was a blast! I hope you can all join us next year.

We had a deployment this month, which is always a pleasure, along with an important training class. I wish everyone could have attended it.

The fourth of July is upon us so our flag hanging crew were out to decorate the town. I hope you all enjoy them when you drive through. They added a little something more!

We have been practicing on the radios each week and we are really hoping this group will grow. It only takes a couple minutes a week and it is so vital for communications when an emergency happens.

I hope you all have a wonderful July, heed the tips for hot weather, stay hydrated and stay cool.

SUCCESS IN THE OUTHOUSE

by Carol Hallett, Program Manager



I arrived at 6:30am to start the margarita machine and it was obvious that the gray skies were going to be raining on our parade. As a leader I needed to decide what to do, my decision...party on!

The rain came down but people did not seem to care they came anyway. The colorful umbrellas made the event even more magical.



Lets get this party started!

We could hear thunder as the huge rain drops came down, again no one seemed to mind. So we started the parade. The race carts were amazing, all unique in their own way and yet had the same criteria to race... it had to be an outhouse.



Parading the outhouses

The rain drops subsided enough for us to get started and as the fun filled the air it seemed that the skies cleared too. The race was on. Dodge Ridge won this race and we can see that Mike Dearborn was there to help them slow down.

Each race was logged on the Bracket Board by Margaret, Victoria, and Cindy. They did a fabulous job keeping it all straight. Terry Northcutt was an



Spectators arriving under gray skies

The CERT volunteers worked hard to get the event started. Directing people, blow drying the track so we can stripe the lines, registering the racers. It was a mad dash to the start but they took it all in stride. MYACT (Mountain Youth & Community Theater) was there to sing the National Anthem.



Dolan Team from Reno in the parade



Ridge Hogs

amazing Master of Ceremonies (he did not stop until the last racer won) and he kept us laughing at his puns.

The teams were lined up against one another and off they ran at full speed until after they crossed the finish line. It was exhilarating watching the speed they could get going. And I am sure the drivers felt the same way.



Tot Pot Races



THFD crossing the finish line

The big kids were not the only ones that raced that day... we also had the "Tot Pot" races. The young kids were so adorable and took the race as seriously as the older kids (adults). It was so much fun to see the joy on everyone's faces.



Skid Marks



Steaming Load



Ridge Runs

The event was successful on many levels. There are too many people to thank but I do want to recognize a few: Terry Northcutt (who put countless hours into this event before, during and after), Meadow Frago (who worked so hard to bring in vendors and promote the event), Carolle & Brian (who traveled here just to help), all the craft and food vendors, our Fire Chief, Neil Gamez (who BBQ'd all day), all the racers (they put so many hours into creating their beautiful outhouses) and all of the volunteers. Without these people the event would have been a flop.

We are looking forward to next year!

THE WINNERS ARE...



First Place: Dung Fu from Twain Harte, CA



Second Place: Eppy House from Twain Harte, CA



People's Choice: Moose Turd



Turd Place: Ace in the Hole from Reno NV



THFD winners of the "Golden Plunger Award"



Next years event:

Mark your calendars for

June 1st, 2024

BANNERS CAN FLY HIGH AGAIN

by Mike Mandell, Team Leader



The Twain Harte Rotarian group gave us a call and we answered with a resounding "yes". Rick Remet and Billy Baldwin rented a lift so that they could take down the cable, fix it and put it back in place. To do this we were asked to stop the traffic. We closed Joaquin Gully between Meadow and Cedar.

It only took a couple of hours and we had a great crew on site. Now the event banners can proudly fly high again.



Lise Lemonnier: stopping traffic



Carol Hallett: Asking questions



Cindy Howell: stopping traffic



HEAT EXHAUSTION		OR	HEAT STROKE	
Faint or dizzy			Throbbing headache	
Excessive sweating			No sweating	
Cool, pale, clammy skin			Body temperature above 103° Red, hot, dry skin	
Nausea or vomiting			Nausea or vomiting	
Rapid, weak pulse			Rapid, strong pulse	
Muscle cramps			May lose consciousness	
<ul style="list-style-type: none"> • Get to a cooler, air conditioned place • Drink water if fully conscious • Take a cool shower or use cold compresses 			<h2>CALL 9-1-1</h2> <ul style="list-style-type: none"> • Take immediate action to cool the person until help arrives 	

FLAGS GOING UP FOR THE FOURTH OF JULY

by Lise Lemonnier, Planning Section Chief



It is really easy to say, I will do it! But then you realize you need help to make it happen. I sent out the request and they showed up again. Some of the regular crew could not make it... it must be summer but we had a fabulous team to hang the flags.

We added buntings this time and it really dressed the town up even more. I was supposed to take pictures but we all showed up and then ran in different directions and just got the work done.



Ed Proctor, Mike Dearborn & Allan Hancock

The flags are up until July 5th. If you want to join in the fun, come to town at 9am. We meet at the kitchen store and head out from there. The taking down is quick so don't be late.

It is a fun way to make a small change that really shows in the town and everyone can see.



Hot Dog



Mike Mandell, Mary & Mike Dearborn

HAPPY FOURTH OF JULY

Independence Day, also called Fourth of July or July 4th, in the United States, is the annual celebration of nationhood. It commemorates the passage of the Declaration of Independence by the Continental Congress on July 4, 1776.

For each of us it means something different and is celebrated in different ways. So whether you go to see a parade, visit with family, or BBQ at the park, we hope you enjoy this holiday and make special memories.



Remember that all fireworks are illegal in Tuolumne County, even those labeled "safe and sane", due to high fire danger.

Be fire safe!

FIRST AIDE TRAINING ACCOMPLISHED

by Margaret Lawrence, Training Officer
ghost writer: Carol Hallett (because Margaret is traveling)



We are so blessed to have so many talented people as part of THA-CERT volunteers. Two great examples of that are Michelle Wagner & Randie Revilla, who were instructors for our First Aid training class this week. I worked with them to get things in place knowing that I would be out of town during the actual event... so Carol Hallett, Mike Mandell, & Lise Lemonnier took my place (yes, it took three of them to take my place :-)).

The room filled up with THA-CERT members, community members and a couple people from Groveland CSU. Each person came specifically to ensure that when an emergency happens they can help themselves, their families and the community until first responders arrive.

The subjects covered included how to stop a bleed, bandaging techniques, splinting, heat exhaustion & stroke, to name a few.



These talented instructors balanced the training with lecture and practice. Each group was observed by seasoned CERT volunteers to ensure the techniques were practiced correctly.



There was even a timed event to show how quickly a person could apply a tourniquet on oneself. Leo Marroquin was so fast no one else wanted to challenge him.



Margaret's campsite during her vacation

SAFETY TIPS FOR HOT WEATHER

by John Buckingham, Safety Officer

Here it comes, the hot weather is upon us. Here are a few quick tips to help you get through it with a little more comfort.

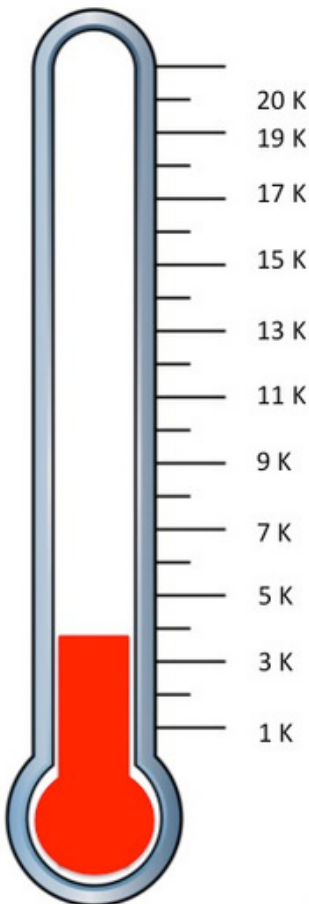
- 1) Wear loose, lightweight, light-colored clothes
- 2) Use your oven less to reduce heat in the home
- 3) If you are outside seek shade
- 4) Drink plenty of fluids to stay hydrated
- 5) Try to avoid high-energy activities outside, during mid-day heat
- 6) Never leave people or pets in a closed car on a warm day
- 7) Take cool showers or baths
- 8) Cover windows with drapes or shades
- 9) Identify places in your community where can go to cool down such as libraries or cooling stations
- 10) Learn to recognize signs of heat illness



Stay cool!

GOAL!

Lucas Device



Hydration for Firefighters

With the changing of the weather and all the brush that grew this spring we anticipate that the fire season will start soon. With that in mind the Fire Association purchased water (17 cases) and Gatorade (12 cases) for THFD. We want to make sure that we are prepared and that our firefighters are well cared for.

The Fire Association and THA-CERT are working hard to acquire a LUCAS device for our community. We are having many fund raisers this summer to help us achieve that goal. The Outhouse Race was one of those events. We profited approximately \$4,000. We need \$20K for the purchase. Your support can help us with this cause. If you can donate, it would be greatly appreciated and tax deductible. We will update this graphic in the newsletter to show how we are progressing. Thanks for your generous support.

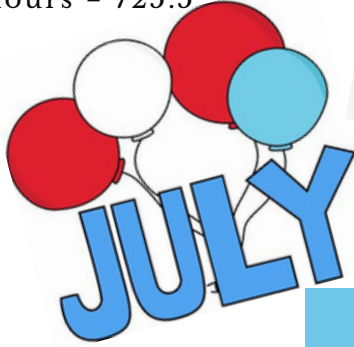
WHERE DOES THE TIME GO?

by Lise Lemonnier, Planning Section Chief



The total THA-CERT volunteer hours for June are:

Administration =	510
Training =	65.5
Deployment =	150
Total June hours =	725.5



Events

Visit Tuolumne County:
<https://www.visittuolumne.com/events>

Twain Harte Chamber of Commerce:
<https://www.twainhartec.com/events>

Training

July
No training

August
August 26, 2023
Go Bag, Emergency Kit & First Aid Kit demo
0900-noon
Location: Community Center
Manzanita Dr, Twain Harte
(based on the completion of the remodel)

Save The Date!

August
August 1, 2023
National Night Out with Tuolumne County Sheriff
Eproson Park, Twain Harte, CA

Meetings

THCS Board Meeting
<https://www.twainhartecsd.com/board-meetings>
Wednesday, July 12, 2023, 9:00 am



THA-CERT has several booths that we run as fundraisers. If you would like to volunteer contact us at : twainhartecert@gmail.com



Radio Net

Join the Twain Harte Radio Net. We meet twice a week. Wednesday at 7:00pm and Sunday at 9:00am. If you want to borrow a radio to test, we have some available; once you test it, you should purchase one for yourself. Each of you should be on this net.

CERT & Fire Association Board Meeting
Thursday, July 13, 2023, 9:30 am

We hope you enjoy this month's issue. Our goal is to provide information to the community, focusing on safety and health. If you have a suggestion for future articles, please contact twainhartecert@gmail.com for consideration of the topic by the board.